Camp Yowochas
Itinerary
Mother and Daughter Weekend
Oct 13-15, 2017

Friday

7:00	Arrival and Move in
7:30	Orientation & Quick Tour
8:15	Icebreakers
8:30	Camp Fire and snack
9:00	Children off to bed Adult time in the Lodge
10:00	Camp Yowochas staff say "Good-night"

Saturday

7:45	Morning Activity
8:15	Breakfast Set-up
8:30	Breakfast
9:30	**Rotation 1**
10:45	Break
11:00	**Rotation 2**
12:15	Lunch Set-up
12:30	Lunch
1:15	**Rotation 3**
2:30	Break
2:45	**Rotation 4**
4:00	Read and Relax at the Waterfront/Family Photos
5:15	Supper Set-up
5:30	Supper
6:30	Paint Night with Awa OR Capture the Flag
7:30	Night Hike OR Board Games
8:30	Camp Fire and snack
9:00	Children off to bed Adult time in the Lodge
10:00	Camp Yowochas staff say "Good-night"

Sunday

7:45	Morning Activity
8:15	Breakfast Set-up
8:30	Breakfast
9:30	**Rotation 5**
10:45	Break
11:00	Mother Daughter Challenge
12:15	Lunch Set-up
12:30	Lunch
1:15	Move out
1:30	Departure

Rotation Schedule:

Rotation 1	Yoga with Kristina	Climbing Wall	Canoeing	Zip Line	Arts & Crafts
Rotation 2	Swing by Choice	Team Balance	Archery	Voyager Canoeing	Nature Hike
Rotation 3	Climbing Wall	Zip Line	Canoeing	Arts & Crafts	Bouldering
Rotation 4	Swing by Choice	Team Balance	Archery	Voyager Canoeing	Nature Hike
Rotation 5	Zip Line	Swing by Choice	Canoeing	Arts & Crafts	Bouldering

Morning Activity Options

Zumba with Aphid	Bootcamp with Koru	Morning Hike

NOTES:
All guests to Camp Yowochas require a signed Participant Agreement Form