



Camp Yowochas

Activity Guide

Zip Lining

The zip line offers a challenge by choice opportunity to place one's self outside their comfort zone. Other group members encourage participants to muster up the trust and courage to take the ride and act in a supporting role during the dismount. End results are feelings of satisfaction, responsibility, trust and excitement.

Program Specifics

- ◆ Groups up to 15
- ◆ Well suited for all ages
- ◆ Led by trained Camp Yowochas Staff
- ◆ Available all year round
- ◆ Participants are belayed by Yowochas staff up on- to the platform before being encouraged to take the ride by slipping forwards or even backwards off the platform
- ◆ Once the participant is stationary the rest of the group work together, first to move a wheeled ladder out beneath the participant and then “spotting” the participant on their return to the ground under the supervision of Yowochas staff.

Safety Considerations

During the initial brief spotting techniques are demonstrated as is the importance of the main group not moving from the safe zone until the participant has come to a complete stop. All participants are required to wear closed toe shoes during this activity.

