



Camp Yowochas

Activity Guide

Sit-On-Top Kayaking

While our modern kayak fleet are designed eliminate any risk of entrapment, for anyone that is still nervous about being inside a kayak but really wants the experience we have our sit-on-top kayaks. Ideal for introductory sessions, participants learn basic flat water paddling skills along with fun and games.

Program Specifics

- ◆ Groups up to 15
- ◆ Well suited for all ages
- ◆ Led by trained, Camp Yowochas Staff
- ◆ Available late April to end of October
- ◆ During their session participants will quickly learn to paddle forward, backward and turn their kayak while playing games and splashing about.
- ◆ Dealing with a capsized is as simple as climbing back on.



Safety Considerations

Strong winds can make sessions more challenging. While all participants will wear a PFD they should be water confident. All staff are qualified Paddle Instructors and/or Lifeguards and certified in Standard First Aid and CPR.