



# Camp Yowochas

## Activity Guide

### **Large Group Initiatives**

Large group initiatives is a series of physical and/or mental tasks designed as group challenges. Each challenge requires group cooperation, communication, teamwork and leadership skills in order to be successfully completed. The session starts with trust building tasks progressing to more difficult situations. Participants are encouraged to work through these tasks as a team and form strong bonds with each other.

#### **Program Specifics**

- ◆ Minimum of 15 participants
- ◆ Well suited for all ages
- ◆ Led by trained Camp Yowochas staff
- ◆ Available year- round
- ◆ Encourages team building and cooperation within a group
- ◆ Large group initiatives can be chosen based on your groups needs or desires



#### **Safety Considerations**

It is encouraged that all participants wear closed toe shoes while participating in Large Group Initiatives. Boundaries will be established and supervised at all times by a Camp Yowochas Staff member.