



Camp Yowochas

Activity Guide

Kayaking

Kayak sessions at Camp Yowochas cover basic skills and if desired, more advanced techniques. Our fleet of modern kayaks are super responsive, stable and lightweight and if the worst happens a wet exit is quick and easy. Our lightweight composite paddles take a lot, but not all, of the effort out of paddling making kayaking a great option or companion to our canoe sessions.

Program Specifics

- ◆ Groups up to 15
- ◆ Well suited for all ages
- ◆ Led by trained Camp Yowochas Staff
- ◆ Available late April to end October
- ◆ Participants will quickly learn to paddle forward, backward and turn their kayak as well as how to deal with a capsize during a session packed with stroke reinforcing games and activities.



Safety Considerations

Strong winds can make sessions more challenging. While all participants will wear a PFD they should be water confident. All staff are qualified Paddle Instructors and/or Lifeguards and certified in Standard First Aid and CPR.